

# CIF SAFETY, HEALTH & WELLBEING CALENDAR 2026

## JANUARY



### Refocus on Site Safety

- 04: World Braille Day
- 07: Ireland Lights Up 2026
- 19: Blue Monday

## FEBRUARY



### Critical Risk – Work at Height

- 04: World Cancer Day
- 06: Time to Talk Day
- 09: International Epilepsy Day
- 14: Valentine's Day
- 15: International Childhood Cancer Day

## MARCH



### Critical Risk – Hazardous Energy

- 08: International Women's Day
- 11: National No Smoking Day
- 15: Mother's Day
- 17: St. Patrick's Day
- 20: Daffodil Day - Irish Cancer Society

## APRIL



### Excavations and Temporary Works

- 01-30: Bowel & Testicular Cancer Awareness
- 07: World Health Day
- 10: 65 Roses - Cystic Fibrosis Ireland
- 23: World Day for Health & Safety at Work
- 28: Workers' Memorial Day

## MAY



### Skin Cancer, Be Sun-Smart

- 06: CIF Safety & Health Summit
- 06: World Asthma Day
- 11-17: Mental Health Awareness Week
- 28: World Nutrition Day
- 31: World No-Tobacco Day

## JUNE



### Summer Welfare Campaign

- 05: World Environment Day
- 08-14: Men's Health Week
- 14: World Blood Donor Day
- 21: Father's Day
- 24-30: World Wellbeing Week

## JULY



### Traffic Management

- 01-31: Sarcoma Awareness Month
- 24: Samaritans Awareness Day
- 25: World Drowning Prevention Day
- 30: International Day of Friendship

## AUGUST



### Lifting & Loading

- 12: International Youth Day
- 19: World Humanitarian Day
- 31: International Overdose Day

## SEPTEMBER



### Critical Risk - Mobile Plant

- 01-30: Irish Heart Month
- 10: World Suicide Prevention Day
- 18: Culture Night Ireland
- 24: Irish Wheelchair Assoc. Fundraiser

## OCTOBER



### Construction Safety Campaign

- 09: NISO Annual H&S Conference
- 10: World Mental Health Day
- 12-23: CIF Construction Safety Campaign
- 25: Irish Life Dublin Marathon 2026

## NOVEMBER



### Winter Campaign

- 01: Movember Begins
- 17: World Cervical Cancer Elimination Day
- 19: International Men's Day
- 26: World Children's Day

## DECEMBER



### Winter Preparedness, Driving, Roadworks

- 01: World AIDS Day 2026
- 03: International Day of Persons with Disabilities
- 05: International Volunteer Day for Economic and Social Development