

# CIF SAFETY, HEALTH & WELLBEING CALENDAR 2026

## JANUARY



### Refocus on Site Safety

04: World Braille Day  
07: Ireland Lights Up 2026  
19: Blue Monday

## FEBRUARY



### Critical Risk – Work at Height

04: World Cancer Day  
06: Time to Talk Day  
09: International Epilepsy Day  
14: Valentine's Day  
15: International Childhood Cancer Day

## MARCH



### Critical Risk – Hazardous Energy

08: International Women's Day  
11: National No Smoking Day  
15: Mother's Day  
17: St. Patrick's Day  
20: Daffodil Day - Irish Cancer Society

## APRIL



### Excavations and Temporary Works

01-30: Bowel & Testicular Cancer Awareness  
07: World Health Day  
10: 65 Roses - Cystic Fibrosis Ireland  
23: World Day for Health & Safety at Work  
28: Workers' Memorial Day

## MAY



### Skin Cancer, Be Sun-Smart

06: CIF Safety & Health Summit  
06: World Asthma Day  
11-17: Mental Health Awareness Week  
28: World Nutrition Day  
31: World No-Tobacco Day

## JUNE



### Summer Welfare Campaign

05: World Environment Day  
08-14: Men's Health Week  
14: World Blood Donor Day  
21: Father's Day  
24-30: World Wellbeing Week

## JULY



### Traffic Management

01-31: Sarcoma Awareness Month  
24: Samaritans Awareness Day  
25: World Drowning Prevention Day  
30: International Day of Friendship

## AUGUST



### Lifting & Loading

12: International Youth Day  
19: World Humanitarian Day  
31: International Overdose Day

## SEPTEMBER



### Critical Risk - Mobile Plant

01-30: Irish Heart Month  
10: World Suicide Prevention Day  
18: Culture Night Ireland  
24: Irish Wheelchair Assoc. Fundraiser

## OCTOBER



### Construction Safety Campaign

09: NISO Annual H&S Conference  
10: World Mental Health Day  
12-23: CIF Construction Safety Campaign  
25: Irish Life Dublin Marathon 2026

## NOVEMBER



### Winter Campaign

01: Movember Begins  
17: World Cervical Cancer Elimination Day  
19: International Men's Day  
26: World Children's Day

## DECEMBER



### Winter Preparedness, Driving, Roadworks

01: World AIDS Day 2026  
03: International Day of Persons with Disabilities  
05: International Volunteer Day for Economic and Social Development