

JAN

Jan-Dec [European Year of Youth](#) European Commission  
 Jan 2-17 [First Fortnight](#) Mental Health Art & Culture Festival  
 Jan 5 [Drink Less January](#) HSE [Ask about Alcohol](#)  
 Jan 5-Feb 28 [Operation Transformation](#) RTE/HSE  
 Jan 12-12 Mar [Ireland Lights Up](#) Get Ireland Walking  
 Jan 13- Feb [Lung Cancer Awareness Month](#) [Irish Cancer Society Marie Keating Foundation](#)  
 Jan 17-23 [European Cervical Cancer Prevention](#) [National Cervical Screening Service](#)  
 Jan 17 [START](#) Child Healthy Eating Campaign  
 Jan 17 [Food Dudes](#) Healthy Eating programme [An Bord Bia](#)

FEB

Feb 4 [World Cancer Day](#) Irish Cancer Society Marie Keating Foundation  
 Feb 8 [Safer Internet Day](#) [Webwise](#)  
 Feb 14 [International Epilepsy Day](#) Epilepsy Ireland  
 Feb 15 [International Childhood Cancer Day](#) Irish Cancer Society Marie Keating Foundation  
 Feb 28 [Rare Disease Day](#) Rare Diseases Ireland  
 Feb 28-Mar 6 [Eating Disorders Week](#) [Bodywhys](#)

MAR

Mar 1-30 [Endometriosis Awareness Month](#) Endometriosis Association of Ireland  
 Mar 2 [National No Smoking Day](#) [Quit Smoking HSE](#)  
 Mar 4 [World Obesity Day](#) EASO  
 Mar 4 [World Book Day in Ireland](#)  
 Mar 4 [International HPV Awareness Day](#) Irish Cancer Society Marie Keating Foundation  
 Mar 8 [International Women's Day](#) The National Women's Council  
 Mar 10 [World Kidney Day](#) Irish Kidney Association  
 Mar 14-20 [Brain Awareness Week](#) Neurological Alliance of Ireland  
 Mar 14-20 [Nutrition and Hydration Week](#)  
 Mar 16-24 [European Action Week Against Racism](#)  
 Mar 18 [World Sleep Day](#)  
 Mar 21 [World Down Syndrome Day](#) Down Syndrome Ireland  
 Mar 22 [World Water Day](#)  
 Mar 24 [World Tuberculosis Day](#) Tuberculosis Service

APR

April 1-30 [Bowel Cancer Awareness Month](#) [Bowel Screen](#) [Irish Cancer Society Marie Keating Foundation](#)  
 Apr 2 [World Autism Awareness Day](#) Irish Society of Autism  
 Apr 4-10 [National Arthritis Week](#) [Arthritis Ireland](#)  
 Apr 7 [World Health Day](#)  
 Apr 24-30 [World Immunization Week](#)  
 Apr 28 [World Day for Safety and Health at Work](#) UN  
 Apr 29 [National Workplace Wellbeing Day](#) IBEC  
 Apr 23-30 [Organ Donation Awareness Week](#) Irish Kidney Association

MAY

May 1-31 [Sunsmart](#) Skin Cancer Prevention Month [Irish Cancer Society Marie Keating Foundation](#)  
 May 1-31 Brain Tumour Awareness Month [Irish Cancer Society Marie Keating Foundation](#)  
 May 1-31 [Bealtaine Festival](#) Age and Opportunity  
 May 3 [World Asthma Day](#) [Asthma Society of Ireland](#)  
 May 5 [World Hand Hygiene Day](#)  
 May 5 [International Day of the Midwives' Day](#) IMNO  
 May 8 [World Ovarian Cancer Day](#) Irish Cancer Society Marie Keating Foundation  
 May 12 [World Fibromyalgia Day](#) Arthritis Ireland  
 May 12 [International Nurses Day](#) INMO  
 May 14-22 [Bike Week](#) Green Schools An Taisce  
 May 15-21 [National Volunteering Week](#) [Volunteer Ireland](#)  
 May 17-21 [Walk to School Week](#) Green Schools An Taisce  
 May 17 [International Day Against Homophobia, Biphobia & Transphobia](#) [IDAHOT](#) [LGBT Ireland](#) [Belong To](#)  
 May 17-21 [European Public Health Week](#)  
 May 19 [World Family Doctor Day](#) [IMO](#) [ICGP](#)  
 May 18 [European Cancer Nursing Day](#)  
 May 20 [International Clinical Trials Day](#)  
 May 25-31 [European Week Against Cancer](#)  
 May 29 [World Health Digestive Day](#)  
 May 30 [World Multiple Sclerosis Day](#) MS Ireland  
 May 31 [World No Tobacco Day](#) [WHO](#) [Quit Smoking HSE](#)

JUN

Jun 1 -30 [Cavernoma Awareness Month](#) [Cavernoma Ireland](#)  
 Jun 5 [World Environment Day](#) UNEP  
 Jun 13-19 [National Carers' Week](#) [Care Alliance Ireland](#)  
 Jun 13-19 [Men's Health Awareness Week](#) [Men's Health Forum in Ireland](#)  
 Jun 14 [World Blood Donor Day](#) [IBTS](#)  
 Jun 16 [World Kidney Cancer Day](#)  
 Jun 20 [UN World Refugee Day](#) [UNHCR Ireland](#)  
 Jun 21 [UN International Day of Yoga](#)  
 Jun 26 [UN International Day Against Drug Abuse and Illicit Trafficking](#)

JUL

Jul 1-31 [Sarcoma Awareness Month](#) [Irish Cancer Society Marie Keating Foundation](#)  
 Jul 11 [UN World Population Day](#)  
 Jul 27 [World Head & Neck Cancer Day](#)  
 Jul 28 [World Hepatitis Day](#) [Hepatitis C Ireland](#)  
 Jul 30 [International Day of Friendship](#)

AUG

Aug 1-7 [World Breastfeeding Week](#) [WABA](#) [HSE Breastfeeding Support](#)  
 Aug 8-14 [Her Outdoors Week](#) [Sport Ireland](#)  
 Aug 12 [International Youth Day](#) [UN](#)  
 Aug 19 [World Humanitarian Day](#) [UN](#)  
 Aug 31 [International Overdose Awareness Day](#) [HSE Drugs](#) [HSE Social Inclusion](#)

SEPT

Sept 1-30 [Heart Month](#) [Irish Heart Foundation](#)  
 Sept 1-31 [Childhood Cancer Awareness Month](#) [Irish Cancer Society Marie Keating Foundation](#)  
 Sept 1-31 [See Change Green Ribbon Campaign](#) [Mental Health campaign](#)  
 Sept 1-31 [Blood Cancer Awareness Month](#)  
 Sept 1-31 [Gynae Oncology Awareness Month](#) [Irish Cancer Society Marie Keating Foundation](#)  
 Sept 4 [World Sexual Health Day](#) [HSE](#)  
 Sept 7 [World Duchenne Awareness Day](#)  
 Sept 9 [International Fetal Alcohol Spectrum Disorders \(FASD\)](#)  
 Sept 10 [World Suicide Prevention Day](#) [HSE](#) [www.yourmentalhealth.ie](#)  
 Sept 11-17 [Palliative Care Week](#) [All Ireland Institute of Hospice and Palliative Care \(AIHPC\)](#)  
 Sept 13 [World Sepsis Day](#)  
 Sept 15 [World Lymphoma Awareness Day](#) [Lymphoma Forum of Ireland](#)  
 Sept 15 [Mouth Cancer Awareness Day](#)  
 Sept 17 [World Patient Safety Day](#) [HSE Patient Safety](#)  
 Sept 21 [World Alzheimer's Day](#) [Alzheimer's Society of Ireland](#)  
 Sept 24 [World Cancer Research Day](#) [Irish Cancer Society](#)  
 Sept 25 [National Walking Day](#) [Get Ireland Walking](#)  
 Sept 25 [The Great Dublin Bike Ride](#) [Cycling Ireland](#)  
 Sept 29 [International Day of Awareness of Food Loss and Waste](#)  
 Sept 29 [World Heart Day](#) [Irish Heart Foundation](#)  
 Sept 23-30 [European Week of Sport](#) [Sport Ireland](#)

OCT

Oct 1 [International Day of Older Persons Alone](#) [Age Action](#)  
 Oct 1-31 [Health Literacy Month](#) [Health Literacy Iibguide](#)  
 Oct 1-31 [Breast Cancer Awareness Month](#) [Breast Check](#) [Irish Cancer Society Marie Keating Foundation](#)  
 Oct 1-7 [National Breastfeeding Week](#) [HSE Breastfeeding Support](#)  
 Oct 5 [World Teachers' Day](#) [UNESCO](#)  
 Oct 8 [World Hospice and Palliative Care Day](#)  
 Oct 13 [World Sight Day](#)  
 Oct 10 [World Mental Health Day](#) [HSE Your Mental Health Aware](#) [Mental Health Ireland](#)  
 Oct 13 [International Day for Disaster Risk Reduction](#)  
 Oct 15 [Developmental Language Delay DLD Awareness Day](#)  
 Oct 16-22 [International Infection Prevention Week](#) [IIPW](#)  
 Oct 16 [European Restart a Heart Day](#) [ERC](#)  
 Oct 16 [World Food Day](#)  
 Oct 18 [World Menopause Day](#)  
 Oct 20 [World Osteoporosis Day](#)

NOV

Nov 1-30 [Global Lung Cancer Awareness Month](#) [Irish Cancer Society Marie Keating Foundation](#)  
 Nov 1-30 [MS Readathon](#) [Multiple Sclerosis Ireland](#)  
 Nov 1-30 [November Prostrate Cancer Awareness Campaign](#) [Irish Cancer Society Marie Keating Foundation](#)  
 Nov 12 [World Pneumonia Day](#)  
 Nov 13 [World Kindness Day](#)  
 Nov 14 [World Diabetes Day](#) [Diabetes Ireland](#) [Diabetic Retina Screen](#)  
 Nov 14- [Bereaved Children's Awareness Week](#) [Irish Childhood Bereavement Network](#)  
 Nov 18 [World COPD Day](#) [COPD Support Ireland](#)  
 Nov 18 [European Antibiotic Awareness Day](#) [EAAD](#) <https://antibiotic.ecdc.europa.eu/en>  
 Nov 19 [International Men's Health Day](#) [Men's Health Forum](#)  
 Nov 16-20 [EU Action on Alcohol Week](#) [HSE Alcohol resources](#)  
 Nov 20 [Universal Children's Day](#)  
 Nov [Keep Well this Winter](#) [HSE](#)

DEC

Dec 1 [World Aids Day](#)  
 Dec 3 [International Day of Persons with Disabilities](#) [Disability Federation of Ireland](#)  
 Dec 5 [International Volunteer Day](#) [UN](#) [Volunteer Ireland](#)  
 Dec 10 [International Human Rights Day](#) [UN](#) [Irish Human Rights and Equality Commission](#)  
 Dec 18 [International Migrants Day](#) [UN](#)

