



CIF Safety, Health and Wellbeing Calendar 2023

Q1

Health & Wellbeing



January

FAIRNESS, INCLUSION & RESPECT

Diary Events

- 11 - Start of 'Ireland Lights Up'
- 13 - Lung Cancer Awareness Month
- 23 - Cervical Cancer Prevention Week



February

MENTAL HEALTH

Diary Events

- 04 - World Cancer Day
- 07 - Children's Mental Health Week
- 13 - International Epilepsy Day



March

INTOXICANTS

Diary Events

- 08 - Women's Day
- 09 - No Smoking Day
- 21 - Odd Sock Day
- 22 - Daffodil Day

International Women's Day



Q2

Safety by Example



April

SAFETY BY EXAMPLE

Diary Events

- 01 - Bowel Cancer Awareness Month
- 07 - World Health Day
- 28 - World H&S at Work Day



May

SKIN CANCER PREVENTION

Diary Events

- 01 - Skin Cancer Awareness Month
- 01 - Brain Tumour Awareness Month
- 25 - European Week Against Cancer
- 31 - World No Tobacco Day



June

HEALTH FOR ALL

Diary Events

- 05 - World Environment Day
- 12 - Men's Health Week
- 22 - World Kidney Cancer Day



Q3

Look Up, Down and Around



July

MOBILE PLANT & MACHINERY

Diary Events

- 01 - Sarcoma Awareness Month
- 24 - Samaritans Awareness Day



August

WORK AT HEIGHT

Diary Events

- 10 - World Humanitarian Day



September

LIFTING & LOADING

Diary Events

- 01 - World Heart Month
- 10 - World Suicide Prevention Day



Q4

On the Road, Off-road, Onsite



October

CONSTRUCTION SAFETY WEEKS (#CSW23)

Diary Events

- 02 - Road Safety Week
- 10 - World Mental Health Day
- 16 - Construction Safety Weeks



November

EXCAVATIONS, TEMPORARY WORK

Diary Events

- 01 - Prostate Awareness
- 14 - World Diabetes Day



December

DRIVER-VEHICLE-JOURNEY

Diary Events

- 01 - World Aids Day
- 03 - Day of People with Disability
- 05 - Volunteer Day

