

# CIF Safety, Health and Wellbeing Calendar 2024

# **Quarter 1**



# **January**

# Work at Height

- 04 World Braille Day 10 - Start of 'Ireland Lights Up'
- 22 Cervical Cancer Prevention Week

WALKING

# **February**

## Safety Leadership

- 04 World Cancer Day
- 12 International Epilepsy Day
- 14 National No Smoking Day



FIRST

#### March

#### **Intoxicants**

- 04 World Obesity Day
- Women's Day
- 14 World Kidney Day



# **Quarter 2**



# **April**

## **Mental Health**

- 07 World Health Day
- 28 World Health & Safety at Work Day



# May

#### **Skin Cancer**

- 01 Skin Cancer Prevention Month
- 03 National Workplace Wellbeing Day
- 14 CIF Safety Summit Croke Park
- 31 World No Smoking Day



#### June

#### Health for All

- 05 World Environment Dav
- 10 Men's Health Week
- 14 Blood Donor Day



# **Ouarter 3**



# July

# Fairness, Inclusion & Respect

01- Sarcoma Awareness Month begins 02 - National Diversity & Inclusion Day

> IRISH CENTRE FOR DI>ERSITY

## August

# **Mobile Plant &** Machinery

31 - International Overdose Awareness Day



# September

# **CIF Safety** Campaign

- 1 CIF Safety Campaign
- 10 World Suicide Prevention Day
- 29 World Heart Day

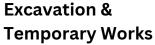


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# **Quarter 4**



# October



11 - NISO Conference 29 - World Stroke Day



# November

# **Lifting & Loading**

01 - Prostate Cancer Awareness

14 - World Diabetes Day



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## December

# Driver - Vehicle **Journey Safety**

01 - World Aids Day

03 - Day of People with Disability

